



KICK PUNCH FU GENERAL COMPETITIONS RULES

Competitions Levels are defined as follows:

- **BEGINNER** – Years of training are < 1.5 years
- **INTERMEDIATE** – Years of training are > 1.5 years and < 3.5 years
- **ADVANCED** – Years of training are > 3.5 years
- Years of training are based on the total years of external and internal training combined.

Competitor Age is based on the age at the time of competition. To compete in Lei Tai events the competitor must be a minimum of 18 years of age. To compete in Lei Tai, the competitor must be less than 41 years of age at the time of competition.

- Competitors **MUST** be entered in the same age/experience level for ALL events entered.
- Competitors **MUST** compete with a different form in each event entered.
- All short weapon events are limited to single hand straight sword or broadsword. **NO EXCEPTIONS**
- All long weapon events are limited to long staff and spear. **NO EXCEPTIONS**
- All other weapons **MUST** compete in events noted as “other” or “open” weapon events.
- All weapon events, including 2 person sets, are intended for traditional spring steel weapons unless the event name specifically indicates that it is a Wushu event. If in the Chief Judge’s opinion the weapon being used does not meet the criteria of a traditional weapon, the Chief Judge will make a deduction of 0.05 point to 1.0 point from the final score.
- Examples of Southern Short Hand Systems include: Southern Praying Mantis, Bak Mei, Wu Mei, and Dragon Style. Competition is **NOT** limited to the styles mentioned. If in the individual judge’s opinion the competitor is not exhibiting a Southern Short Hand form the judge will make a 0.05 point deduction to the score.
- Examples of Southern Long Hand Systems include: Choy Li Fut, Hung Ga, Hung Mei, Lee Ga, Southern Shaolin, Fu Jow Pai, Hung Fut, Tiger Crane Style, & White Crane. Competition is **NOT** limited to the styles mentioned. If in the individual judge’s opinion the competitor is not exhibiting a Southern Short Hand form the judge will make a 0.05 point deduction to the score.
- Group Tai Ji Quan divisions must contain a minimum of three (3) and a maximum of ten (10) members per team.
- Forms learned in China containing characteristics not consistent with traditional kung fu forms should enter the Traditional Wushu Divisions available.
- There are **NO** refunds for **ANY** reasons.
- The Tournament Committee Reserves the right to combine categories within the same division.