



# KICK PUNCH FU WUSHU COMPETITION RULES

The competitor may choose to demonstrate either the standardized compulsory form (dictated by the International Wu Shu Federation), or the competitor's own form.

## Classification of Weapons:

- The Long Weapon division will feature only the spear or long staff.
- The Short Weapon division will feature only the single hand straight sword or broadsword.
- The Other Weapon division will include any other weapon, including double weapons, but not the
- Weapons featured in either the Long Weapon or Short Weapon divisions. Therefore, the competitor may not perform a single broadsword routine in the Other Weapon division, but may demonstrate a double broadsword routine.

## Requirements on Length of Performance:

- 7 to 12 years old – 45 seconds to 1 minute
- 13 to 15 years old – minimum 1 minute
- Over 16 years old – minimum 1 minute
- These times represent the minimum length of the demonstration. Competitors who finish under these minimums will be assessed the following penalty: for each second short of the minimum, the head judge will deduct 0.05 points from the competitor's final score.