



KICK PUNCH FU TAI JI FORMS RULES

Time:

- Each competitor has three minutes to demonstrate a form.
- Three minutes will be announced by a bell, whistle, or verbal signal.
- If the competitor has not completed the form, he or she has thirty seconds to finish, at which time there will be another signal. Competitors **MUST** stop at this time.

Exceptions: At least 2 minutes for 2-person sets.

Scoring:

- Judges complete a written evaluation given to the competitor at the medal ceremony and score the competitor's performance.
- Judges offer verbal evaluation if time allows.

Penalties:

- There is a penalty of .1 for each increment of five seconds under or over time. Penalty to be applied by Chief
- Judge prior to announcing the final score. Individual Judges will not assess a penalty for time infractions.

2-Person Set:

- The 2-Person Barehand Set event is for two players performing choreographed empty hand (not weapons) Tai Ji Quan movements utilizing Tai Ji Quan principles.
- The set must be longer than 2 minutes, with no upper time limit.