



KICK PUNCH FU K1

RULES

- OPENED TO ALL THE ATHLETES FROM 16 TO 40 YEARS OLD
- DURATION OF THE MATCHES: Nr. 2 rounds, lasting 2 minutes – preliminary
Nr. 3 rounds, lasting 2 minutes – finals
(1-minute break between the two rounds)
- CLOTHING: Shorts
- MANDATORY GUARDS
ACCESSORIES: 10 Oz./ 12 Oz. boxe gloves (without laces)
Gumshield
Groin protection
(No other guard accessories could be admitted)
- COACH: Nr. 2 coaches maximum for each athlete
(only 1 coach can enter in the ring)
- MEDICAL CERTIFICATION
FOR FULL CONTACT FIGHTING SPORTS: Mandatory *(boxe type)*
- PRIZES: 1st PLACE: Prize belt + diploma
2nd PLACE: Cup
3rd PLACE: Cup

A participation certificate will be released to all the participating athletes, registered into the Championship.